CURRICULUM VITAE

Personal Data

Name: Prof. Munkaila Seibu (PhD)

Postal Address:
Department of Health, Physical Education, Recreation and Sports (HPERS)
Faculty of Health, Allied Sciences and Home Economics Education (FHASHE)
University of Education, Winneba
P. O. Box 25, Winneba, Central Region, Ghana
Phone Cell: (+233) 244091826 / (+233) 203632381
Email Address(es): mseibu@uew.edu.gh/ mseibu74@gmail.com
Date of Birth: 7th February, 1974
Nationality: Ghanaian
ORCID: 0000-0002-5131-7230

Statement of Suitability for the Position of Principal, Jasikan College of Education

I bring over 28 years of progressive experience in Ghana's education system, including 15 years in tertiary education, spanning classroom teaching, teacher education, curriculum development and institutional leadership. As an Associate Professor and Deputy Director of the Institute for Teacher Education and Continuing Professional Development (ITECPD), University of Education, Winneba (UEW), I contribute directly to the training, mentoring, examination oversight and quality assurance of UEW-affiliated Colleges of Education, and serve on the GTEC National Implementation Support Team (NIST). I have served as Acting Director of ITECPD, Acting Dean, Head of Department and Graduate Coordinator, and have authored national curricula for NaCCA. I began my career as a basic school teacher and served as a tutor at Komenda College of Education, so I know the College of Education system from the inside. I seek the position of Principal of Jasikan College of Education to apply this academic standing, curriculum expertise and management experience to strategic leadership, with particular focus on institutional governance, quality assurance, staff development and student welfare.

Areas of Expertise or Professional Skills

- Institutional leadership and governance: Acting Director (ITECPD), Acting Dean (FHASHE), Head of Department (HPERS), Academic Board member
- Oversight of Colleges of Education: supervision of training, examinations and quality assurance for UEW-affiliated Colleges
- Strategic planning, budgeting, financial management and administration; procurement of teaching and office equipment
- Human resource management: recruitment, appointment and promotion, staff capacity building and mentoring

- Curriculum development and instructional materials design (national PE and Health curricula, KG to SHS; B.Ed. programmes)
- Programme accreditation and quality assurance
- Partnership building, MoUs and stakeholder cooperation; grant writing and fundraising
- Student welfare, academic counselling and student development
- Research and academic writing; evaluation of articles, textbooks and educational manuals
- Coordination of physical activity, recreation and sports programmes; handball coaching

Professional Qualification(s)

Rank	Supporting evidence	Period
Associate Professor	PhD in Physical Education (UCC, 2022); sustained peer-reviewed publications, national curricula and teacher resource materials authored for NaCCA/MoE	2025 – Date
Senior Lecturer	PhD in Physical Education (UCC, 2022)	2022 – 2025
Senior Lecturer	M.Phil. in Physical Education	2020 – 2022
Lecturer	M.Phil. in Health, Physical Education, Recreation and Sports (UEW, 2012)	2014 – 2020
Principal Superintendent	M.Ed. in Physical Education (UEW, 2009)	2009 – 2012
Principal Superintendent	B.Ed. in Health, Physical Education, Recreation and Sports (UEW, 2005)	2005 – 2009
Teacher	3-Year Post-Secondary Teacher's Certificate ‘A’ (Dambai Training College, 1998)	1998 – 2005

Professional Responsibilities

Position	Office/Location	Period
Acting Director	Institute for Teacher Education and Continuing Professional Development (ITECPD), UEW	23rd May – 31st July, 2025
Acting Dean	Faculty of Health, Allied Sciences and Home Economics Education (FHASHE), UEW	3rd – 7th Feb., 2025
Acting Dean	FHASHE, UEW	27th Oct. – 29th Nov., 2024
Acting Dean	FHASHE, UEW	19th – 28th Aug., 2024
Deputy Director	ITECPD, UEW	1st Sept., 2023 – Date

Head of Department	Department of HPERS, UEW	1st Aug., 2021 – 31st July, 2023
Graduate Coordinator	Department of HPERS, UEW	1st Aug., 2020 – 31st July, 2021
Academic Counsellor	Department of HPERS, UEW	1st Aug., 2015 – 2020
Honorary Sports (Handball) Coach	Sports Directorate, UEW	1st Aug., 2015 – Date

Deputy Director, ITECPD: Assist the Director with the strategic development and day-to-day management of the Institute; formulate and implement policies; advise management on teacher education policies, human resource management and control; lead technical experts; supervise training programmes for UEW and its affiliated Colleges of Education; chair the Sub-Advisory Examination Committee and the Examination Malpractice Committee; and perform other duties assigned by the Director.

Acting Director, ITECPD: Led the Institute and its oversight of the affiliated Colleges of Education in the absence of the Director.

Acting Dean, FHASHE / Head of Department, HPERS: Oversaw faculty and departmental administration; presented results to the Faculty and Academic Board; planned curricula; developed the departmental strategic plan; prepared budgets; managed recruitment and staff promotion; signed MoUs with internal and external institutions; built staff capacity and mentored junior colleagues; organised seminars, workshops and conferences; led programme accreditation; assigned courses to academic staff; procured teaching and office equipment; and supervised examinations.

Graduate Coordinator: Managed graduate students' welfare and postgraduate programmes; conducted examinations; processed results; and liaised between the Department and the School of Graduate Studies.

Academic Counsellor: Advised HPERS students on academic matters and referred complex cases to the University's Counselling Unit.

Education

Qualification/Certificate obtained	**Name of Institution Attended**	**Date**
PhD, Physical Education	University of Cape Coast	31st March, 2022
M.Phil., Health, Physical Education, Recreation and Sports	University of Education, Winneba	27th July, 2012
M.Ed., Physical Education	University of Education, Winneba	17th July, 2009
B.Ed., Health, Physical Education, Recreation and Sports	University of Education, Winneba	30th July, 2005
3-Year Post-Secondary Teacher's Certificate 'A'	Dambai Training College, Dambai, Kete Krachi	June,1998

General Certificate of Education (G.C.E.) Ordinary Level	Nkwanta Secondary School, Nkwanta, Oti Region	June, 1994
Middle School Leaving Certificate (M.S.L.C.)	Nkwanta L/A Middle 'C', Nkwanta, Oti Region	August, 1989

Career History

Position/Title	**Name of Institution**	**Date**
Associate Professor	Department of HPERS, University of Education, Winneba	30th January, 2025 – Date
Responsibilities: Teach undergraduate and postgraduate Physical Education courses; conduct and publish research; supervise undergraduate projects and postgraduate theses; mentor junior staff in teaching and research; supervise PE student-interns; serve on faculty, university and national boards and committees.		
Senior Lecturer	Department of HPERS, University of Education, Winneba	27th July 2020 – 29th January, 2025
Responsibilities: Taught undergraduate and postgraduate courses; researched and published; supervised projects and theses; served as Graduate Coordinator (2020–2021) and Head of Department (2021–2023).		
Lecturer	Department of HPERS, University of Education, Winneba	1st August, 2014 – 26th July, 2020
Responsibilities: Taught Physical Education courses; researched and published; supervised student projects and PE student-interns; served as Academic Counsellor (2015–2020) and Honorary Handball Coach.		
Physical Education Tutor	Komenda College of Education	1st Sept., 2010 – 1st July, 2014
Responsibilities: Taught Physical Education to pre-service teachers; served as Secretary to the College Sports Committee.		
Physical Education Teacher	Senya Secondary School	1st Sept., 2005 – 30th Aug., 2010
Responsibilities: Taught Physical Education; served as Head of the Physical Education Department.		
Subject Teacher	Nkwanta E/A Junior Secondary School	1st Sept., 1999 – 30th Aug., 2001
Responsibilities: Taught assigned subjects; served as Staff Secretary and Sports Secretary.		
Class Teacher	Nkwanta E/A Primary School	1st Sept., 1998 – 30th Aug., 1999
Responsibilities: Taught a primary class; served as Staff Secretary and Sports Secretary.		

Publications, Research/Projects Conducted or Undertaken, Creative Works/Productions Produced

a. Books

Seibu, M., Ansah, E. W., Sorkpor, R. S., Abieraba, S. R. K., Dadzie, P. K. Y., & Akudago, S. A. (2026). Standard-based physical education and health curriculum for primary schools (Primary 1–6). NaCCA, MoE, Ghana.

Seibu, M., Ogum, M. A., Sarpong, E. O., Dadzie, P. K. Y., Kwaaso, A. A., & Ansah, E. W. (2023a). Physical education and health (core): Curriculum for secondary education (SHS 1–3). NaCCA, MoE, Ghana.

Seibu, M., Ogum, M. A., Sarpong, E. O., Dadzie, P. K. Y., Kwaaso, A. A., & Ansah, E. W. (2023b). Physical education and health (elective): Curriculum for secondary education (SHS 1–3). NaCCA, MoE, Ghana.

Seibu, M., & Darko, R. A. (2023). Handball manual for teachers and coaches. FRIMPRESSON Publishing Company.

Ogum, P. N., **Seibu, M.,** & Gao, K. (2020). Sports for safe schools' manual: Teacher resource pack for senior high school. Ministry of Education, Ghana.

Ocansey, R., **Seibu, M.,** Dadzie, P. K. Y., & Akudago, S. A. (2020c). Teacher's resource pack (Physical and Health Education) for JHS 1. NaCCA, MoE, Ghana.

Ocansey, R., **Seibu, M.,** Dadzie, P. K. Y., & Akudago, S. A. (2020b). Physical education and health curriculum for JHS 1 (common core programme). NaCCA & MoE, Ghana.

Ocansey, R., **Seibu, M.,** Dadzie, P. K. Y., & Akudago, S. A. (2020a). Learner's resource pack (Physical and Health Education) for JHS 1. NaCCA, MoE, Ghana.

Ocansey, R., & **Seibu, M.** (2020). Training manual for Physical and Health Education for JHS 1. NaCCA, MoE, Ghana.

Mintah, J. K., **Seibu, M.,** & Dadzie, P. K. Y. (2019). Physical education training guide. NaCCA, MoE, Ghana.

Mintah, J. K., Naki, H. A., **Seibu, M.,** & Dadzie, P. K. Y. (2019). Physical education curriculum for primary schools (Basic 1–6). NaCCA, MoE, Ghana.

Akuffo, P. A., Darko, R. A., & **Seibu, M.** (2018). Supervision of children's recreation. University of Education, Winneba.

Akuffo, P. A., Darko, R. A., & **Seibu, M.** (2016). Physical education for early childhood education teachers. University of Education, Winneba.

b. Chapter(s) in Book(s)

Seibu, M., Arthur, N. A., Aloko, E. A., Donkor, S. K., Mehsah, R., & Sorkpor, R. S. (in press). Building a healthy nation: The role of Olympism in youth physical education and sports curriculum. In W. Maennig, B. Patel, G. S. Kushwah, & U. Chaware (Eds.), Olympic intersections: The games at the crossroads of global research (pp. 151–157). Routledge. https://doi.org/10.1201/9781042033379-19

c. Peer-Reviewed Journal Articles

Mahama, I., Edjah, J. O., Kwaw, R., **Seibu, M.,** & Danquah, S. O. (in press). Developing students' ethical reasoning and cyber responsibility through generative AI-driven learning tasks. Research Square. https://doi.org/10.21203/rs.3.rs-8855662/v1

Ntumi, S., **Seibu, M.,** Laryea, D., Oppong, I., & Amezah, E. O. (2026). Psychological profiles predicting resilience in competitive sport and exercise athletes: A latent class analysis. Intelligent Sports and Health. https://doi.org/10.1016/j.ish.2026.09.002

Ntumi, S., Yeboah, A., Appiah-Twumasi, E., Agbovor, D., Amfo, G. O., **Seibu, M.,** & Agbenyo, S. (2026). Culturally responsive and equity-driven differentiated STEM pedagogy and assessment in diverse classrooms in Ghana. Humanities and Social Sciences Communications. https://doi.org/10.1057/s41599-026-09129-0

Sofo, S., Nyawornota, V. K., Nyanyofio, O. C. N., Osei, I., Tay, D. A., Amoah, P. A. A., Badasu, D. M., Darko, R. A., **Seibu, M.,** Lieberman, L., Kwabia, E., Boadi, D. A., Nartey, J., & Tetteh-Ahumah Ocansey, R. (2026). Ghana's 2025 physical activity report card: Children, adolescents and CAWD. BMC Public Health. https://doi.org/10.1186/s12889-026-27777-4

Sofo, S., **Seibu, M.,** & Thompson, E. (2026). Implementation of Ghana's standards-based physical education curriculum for primary schools: Classroom teachers' perspectives. Indonesian Journal of Physical Education and Sport Science, 6(2), 374–397. https://doi.org/10.52188/ijpess.v6i2.2045

Adamu, R., Sorkpor, R. S., Darko, R. A., Seibu, M., & Kpor, G. (2025). Physical activity practices for lifelong well-being among senior high school teachers. International Journal of Sports Science and Physical Education, 10(2), 70–76. https://doi.org/10.11648/j.ijsspe.20251002.15

Esia-Donkoh, K., Kusi, H., & **Seibu, M.** (2025). Overcoming challenges for successful college improvement planning: Insights from principals of colleges of education in Ghana. Journal of Tertiary Education and Learning, 3(3), 10–16. https://doi.org/10.54536/jtel.v3i3.6115

Kpor, G., Sorkpor, R. S., **Seibu, M.,** & Adamu, R. (2025). Assessment strategies in physical education: Teachers' perceived knowledge employed in their teaching at the senior high schools. International Journal of Research and Innovation in Social Science, 9(6), 3443–3462. https://dx.doi.org/10.47772/IJRISS.2025.906000258

Lee, M., Sofo, S., **Seibu, M.,** & Agbonor, R. S. (2025). Examining the influence of coaching competencies on coach leadership styles: A hierarchical multiple regression approach. The Journal of Contemporary Issues in Sport, 1(2), 32–43. https://doi.org/10.62704/jcis124

Seibu, M. (2025b). Guiding the next generation: The transformative power of mentorship and career development in physical education. Advances in Physical Education, 15(1), 1–11. https://doi.org/10.4236/ape.2025.151001

Seibu, M. (2025a). Beyond the classroom: The role of psychosocial mentoring in the career development of physical education student teachers in Ghana. Journal of Sports and Physical Education Studies, 5(5), 11–20. https://doi.org/10.32996/jspes.2025.5.5.2

Seibu, M., Morounfolu, R. A., Sorkpor, R. S., & Sifah, R. A. (2025c). Perception of preservice teachers towards physical education curriculum at University of Education, Winneba, Ghana. Creative Education, 16, 90–102. https://doi.org/10.4236/ce.2025.161006

Seibu, M., Sorkpor, R. S., Darko, R. A., Mensah, R., Kluboito, Y., Frimpong, F., Pufaa, H. A., Jnr., & Aloko, E. A. (2025d). Student-teachers' concerns: Predictors of pre-internship results among Level 300 physical education student-teachers of University of Education, Winneba, Ghana. International Journal of Research and Innovation in Social Science, 9(3), 1400–1407. https://dx.doi.org/10.47772/IJRISS.2025.903SEDU0109

Tahiru, Y. A., Moses, M. O., & **Seibu, M.** (2025). Assessing socio-demographic factors and stress management techniques on coaches' performance in Ghana. Journal of Sports and Physical Education Studies, 5(5), 1–10. https://doi.org/10.32996/jspes.2025.5.5.1

Darko, R. A., **Seibu, M.,** Johnson, J. M., Osei, L. A., Pufaa, H. A., Jnr., & Kluboito, Y. (2024). Integrating physical activities with music for sustainable and holistic development of school children in Winneba, Ghana. International Journal of Multidisciplinary Education, 6(2), 663–672.

Seibu, M., & Morounfolu, R. A. (2024). Determinants of involvement in e-sports among female undergraduates in HPERS Department, University of Education, Winneba, Ghana. Southwest Naphersd Journal of Research, 5(1), 70–79.

Seibu, M., Adenyoh, C. K., Donkor, S. K., Owusu, K., Mensah, R., & Adjerakor, G. J. (2024). Evaluating challenges to quality mentorship of sports and physical education interns at the University of Education, Winneba, Ghana. International Journal of Multicultural Education, 26(3), 18–32.

Adenyoh, C. K., Donkor, S. K., **Seibu, M.,** & Addo, A. B. (2023). From campus life to global health: Understanding non-communicable diseases and physical inactivity among Ghanaian university students. International Journal for Early Childhood Care and Educational Research. https://journals.uew.edu.gh/index.php/ijeccer/article/view/259

Seibu, M. (2023). Influence of perceived prevalent mentors' mentoring characteristics on University of Education, Winneba physical education student-interns' career development in Ghana. Educational Justice Journal. https://edjusticejournal.org

Seibu, M., Ansah, E. W., Amissah-Essel, S., Pufaa, H. A., Jnr., & Ofori, P. K. (2023). Interpretative phenomenological analysis of physical education student-interns' experiences: Challenges and the role of mentors. International Journal of Scientific Engineering and Science, 7(2), 31–39.

Donkor, S. K., Appiah, M., Huagie, S. D., & **Seibu, M.** (2022). Inter-observer evaluation of practical lesson delivery in physical education setting: Nature and demonstration of teachers' instructional cues. International Journal of Physical Education, Sports and Health, 9(1), 270–275. https://doi.org/10.22271/kheljournal.2022.v9i1e.2377

Quansah, F., Hagan, J. E., Sambah, F., Frimpong, J. B., Ankomah, F., Srem-Sai, M., **Seibu, M.,** Abieraba, R. S. K., & Schack, T. (2022). Perceived safety of learning environment and associated anxiety factors during COVID-19 in Ghana: Evidence from physical education practical-oriented program. European Journal of Investigation in Health, Psychology and Education, 12, 28–41. https://doi.org/10.3390/ejihpe12010003

Donkor, S. K., Nyavor, L. G., **Seibu, M.,** & Ahorsey, O. D. (2020). Hydration and physical activity: Perception of Volta Zone College of Education athletes in Ghana. Journal of Physical Activity Research, 5(1), 33–40. https://doi.org/10.12691/jpar-5-1-7

Donkor, S. K., & **Seibu, M.** (2019). Closing the sedentary lifestyle gaps: Investigating factors influencing exercise and physical activity habits among sandwich students at University of Education, Winneba. Journal of Physical Activity Research, 4(1), 73–79. https://doi.org/10.1291/jpar-4-1-10

Seibu, M., & Darko, R. A. (2017). Analysis of effective utilisation of allocated time of interns' teaching during physical education practical lessons. International Journal of Physiology, Nutrition and Physical Education, 2(1), 23–26.

Darko, R. A., & **Seibu, M.** (2016). Investigating into the barriers militating against women taking up coaching roles in Ghana. International Journal of Physical Education, Sports, and Health, 3(2), 80–82.

Seibu, M. (2016). Student-teachers' characteristics: Panacea to students' academic achievement in science-related courses in the Department of Health, Physical Education, Recreation, and Sports. Ilorin Journal of Health, Physical Education, and Recreation, 9, 120–129.

Seibu, M., & Ammah, J. O. (2016). Learner involvement variables of skill concept acquisition and retention in practical physical education lessons among primary pupils. Journal of Science Education and Research, 2(1), 97–105.

Seibu, M., & Darko, R. A. (2016). Investigating the difference between male and female pupils' skill concept acquisition and retention. International Journal of Physical Education, Sports, and Health, 3(2), 365–367.

Darko, R. A., **Seibu, M.,** & Akuffo, P. A. (2015). Survey on coach representation at inter-regional basic schools' sports festival in Ghana. International Journal of Multi-Disciplinary Studies and Sport Research, 5(2), 1031–1037.

Seibu, M. (2015). Assessing academic learning time of students in practical physical education lessons. International Journal of Multi-Disciplinary Studies and Sport Research, 5(2), 1130–1135.

Research Work in Progress

Akubah, C., Apaak, D., Domfeh, C., Seibu, M., & Agbesinyale, L. (in progress). Practitioner experience and talent identification practice in Ghanaian football academies: A multilevel analysis. German Journal of Exercise and Sport Research.

Seibu, M. (in progress). Experiences of pregnant students at the University of Education, Winneba: A phenomenological study. Journal of Further and Higher Education.

Seibu, M. (in progress). Mentoring practices and career development among physical education student teachers: The mediating roles of knowledge acquisition and psychosocial support.

Sofo, S., Thompson, E., Asola, E. F., & Seibu, M. (in progress). Correlates of Ghanaian basic teachers' growth mindset.

Dzamesi, F. E., Sofo, S., Thompson, E., & Seibu, M. (in progress). Kindergarten teachers' perspectives on the implementation of Ghana's standards-based kindergarten curriculum.

Theses, Dissertations and Project Work

Seibu, M. (2022). Influence of mentoring on the career development of physical education student-interns at the University of Education, Winneba, Ghana [PhD thesis, University of Cape Coast].

Seibu, M. (2012). Relationship between academic learning time in physical education and skill concepts acquisition and retention [M.Phil. thesis, University of Education, Winneba].

Seibu, M. (2009). Concerns of physical education student teachers during internship [M.Ed. dissertation, University of Education, Winneba].

Seibu, M. (2005). Improving the ability of Form Two students to volley effectively in volleyball in Obrachire Secondary Technical School [B.Ed. project work, University of Education, Winneba].

Professional Development

Training Sessions

Course Title (Role)	**Location**	**Period**
Collaborative Institutional Training Initiative (CITI Program): Human Subjects Research – Basic **(Independent Learner)**	Online (LMS)	30th Aug., 2026
One-Day Training Workshop on the New Affiliation Reporting Framework **(Participant)**	NODA Hotel, Kumasi	18th Aug., 2026
KG – Primary Curriculum Review Workshop, Physical Education and Health **(Lead Writer)**	Volta Serene Hotel, Ho	3rd May – 18th July, 2026
ERP Workshop on Curriculum **(Participant)**	UEW ICT Directorate, North Assembly Hall	11th Dec., 2025
Facilitators Training on CTVET Capacity Building in Competence-Based Training (CBT) and its Implementation Processes **(Participant)**	University of Ghana Sports Directorate, Legon	6th – 10th May, 2024
Collaborative Institutional Training Initiative (CITI Program): Human Subjects Research – Basic **(Independent Learner)**	Online (LMS)	22nd April, 2024
Training Workshop on Test Items Moderation and Proofreading, National Teaching Council **(Participant)**	Ejisu-Kumasi	25th – 29th Feb., 2024
Training Workshop on Test Items Moderation and Proofreading, National Teaching Council **(Participant)**	British Council, Accra	13th – 16th Dec., 2023
Three-Day Training Workshop on the Instructional Resource Assessment Approval Portal (IRAAP) **(Participant)**	Koforidua	20th – 22nd Nov., 2023
Departmental Professional Learning Community (PLC) Handbook for SHS/SHTS Writing **(Writer)**	Ho	28th Aug. – 1st Sept., 2023

Training Workshop on UN Toolkit for Sport for Development and Peace (SDP) **(Participant)**	Accra	13th – 14th June, 2023
Mandatory OSIS 2 Training for Course Allocation and Entry of Students' Results **(Participant)**	UEW, Winneba	2nd May, 2023
Workshop on Textbook Assessment **(Participant)**	Accra	2nd – 4th March, 2023
Senior High School Curriculum Writing **(Participant)**	Ho	12th – 17th Dec., 2022
Workshop on TVET Programmes Writing **(Writer)**	University of Ghana, Legon	23rd – 25th Nov., 2022
UEW HPERS Retreat for Lecturers **(Chairman)**	Larteh-Akwapim	15th – 17th Sept., 2022
NaCCA/T-TEL Senior High School Curriculum Writers Workshop **(Writer)**	Koforidua	20th – 24th June, 2022
UEW Faculty of Science Seminar on Students with Visual Impairment and Sports Betting **(Participant)**	LH3, UEW, Winneba	4th May, 2022
Refresher Training Workshop for the Implementation of the Common Core Programme (CCP) Curriculum **(Facilitator)**	Cape Coast	10th Jan., 2022
Training of Trainers, UNICEF/GES Workshop on Sport for Promoting Safe Schools **(Facilitator)**	Ejisu-Abankro	26th – 28th April, 2021
Training of Trainers, UNICEF/GES Workshop on Sport for Promoting Safe Schools **(Facilitator)**	Ejisu-Abankro	1st – 3rd March, 2021
Master Trainer Workshop for Pre-Tertiary Curriculum, Physical Education Panel **(Lead Facilitator)**	Koforidua	23rd – 27th May, 2019
Training Workshop to Develop a Manual and Teacher's Pack for the Pre-Tertiary Curriculum **(Writer and Secretary)**	Accra	18th – 22nd Feb., 2019

Seminars and Workshops

Course Title (Role)	**Location**	**Period**
Two-Day Workshop for Staff and Postgraduate Students on Building Competency in Qualitative Research and Digital Tools **(Chairman)**	Dept. of Home Economics, FHASHE, UEW – Student Centre, Seminar Room 3	11th – 12th June, 2026
Physical Activity in a Changing World: Advancing Whole Health, Climate Action, and Political Priority **(Participant)**	UTHealth Houston School of Public Health (Online)	9th March, 2026

Strengthening Mentorship for Effective Internship Programme **(Facilitator)**	JAM Conference Hall, UEW	9th – 11th Feb., 2026
UEW Thesis Guide Masterclass & Responsible AI for Postgraduate Research Writing **(Participant)**	Home Economics Demonstration Theatre, North Campus, UEW	4th Feb., 2026
Training Workshop for Thesis Supervisors **(Participant)**	School of Graduate Studies, JAM, UEW	28th Oct., 2025
Capacity Building Workshop for Staff of Affiliated Colleges of Education to UEW **(Supervisor & Facilitator)**	ITECPD-UEW, all seven affiliated Colleges	9th – 25th June, 2025
Mentoring Workshop for Foreign Languages Lecturers in Affiliated Colleges of Education to UEW **(Supervisor)**	SDA College of Education & St. Louis College of Education	3rd – 5th June, 2025
Two-Day Workshop on the CPD Framework for Implementing the New Senior High School B.Ed. Programmes **(Participant)**	GTEC, AH Hotel, Accra	26th – 27th May, 2025
The Effect of Walking on Citizens' Health **(Presenter)**	IFMST Webinar	27th May, 2025
Improving Research Data Management with Figshare **(Participant)**	IFMST Webinar	14th Oct., 2024
Management of Sports Events (Participant)	IFMST Webinar	21st Aug., 2024
New SHS Curriculum and its Implications on Academic Programmes **(Presenter)**	North Assembly Hall, UEW	5th July, 2024
Modern Perspective for Sport and Ageing in World Cities **(Participant)**	IERIS Conference Room, Winneba	28th May, 2024
IERIS Colloquium on Making UEW a Research University **(Participant)**	Mana Heights Hotel, Mankessim	10th Nov., 2023
Orientation for Deans, Directors, Deputy Directors/Registrars and Heads of Departments **(Participant)**	UEW, Winneba	9th May, 2023
Seminar on Equipping UEW on Quality Assurance Issues in GTEC's New Standards and Norms **(Participant)**	Tutu	1st – 5th Dec., 2021
Fifth UEW Sports Directorate Retreat for Coaches **(Moderator)**	Elmina	26th – 29th Aug., 2021
Faculty of Science Retreat for Faculty Members **(Participant)**	Ejisu-Abankro	4th March, 2021

Workshop for District/Municipal PE Coordinators on the New Standards-Based Curriculum for Primary Schools **(Facilitator)**	University of Ghana, Legon	19th Aug., 2020
Workshop on Competency-Based Training **(Participant)**	Ejisu-Abankro	15th – 17th June, 2020
Workshop on Sport for Promoting Safe Schools, Training of Trainers **(Facilitator)**	Accra	2nd – 7th June, 2020
Workshop to Validate and Finalise Common Core Programme Training Materials **(P.E. Panel Member**)	Winneba	4th Feb., 2020
Test Item Writing Workshop for Lecturers **(Participant)**	Larteh-Akwapim	27th – 28th Jan., 2020
Workshop for Common Core Curriculum Writers and Expert Reviewers **(P.E. Panel Lead)**	Koforidua	6th Oct., 2019
Workshop on Sport for Promoting Safe Schools **(Facilitator)**	Accra	7th Sept., 2019
Workshop on Associated Conditions of Intellectual Disability and Support Services for Children **(Participant)**	Winneba/Accra	19th – 20th Aug., 2019
Workshop for UEW Convocation Members on the New Four-Year B.Ed. Curriculum by ITECPD **(Participant)**	Koforidua	16th – 17th July, 2019
Workshop on Textbook Assessment and Approval Process for Pre-Tertiary Education **(Participant)**	Koforidua	5th June, 2019
Master Trainer Workshop for Pre-Tertiary Curriculum **(P.E. Panel Member)**	Winneba	4th April, 2018
ERIS Workshop for all UEW Academic Staff **(Participant)**	Winneba	14th Sept., 2017
Northern Region PE Teachers Refresher Course **(Facilitator)**	Tamale	5th Nov., 2015

Conference(s)

Name of Conference	**Location**	**Presentations (if any)**	**Period**
UTHealth Houston GoPA! – GoPE! Summit: Advancing Physical Activity from Surveillance to Implementation & Policy Impact	UTHealth Houston, Texas (Online)	Representative of Ghana	27th – 29th Oct., 2026

2026 AIESEP World Congress	National Taiwan Normal University (NTNU), Taiwan	Presenter	15th – 19th June, 2026
IAHPEDS International Virtual Round Table Discussion	Hosted in Virginia, USA (Virtual)	Presenter	1st Nov., 2025
1st International Olympic Research Conference	BCORE, Rashtriya Raksha University, India	Presenter	28th – 29th Jan., 2025
8th ICHPER.SD African Regional Conference 2024	Kenyatta University, Nairobi, Kenya	Presenter	11th – 13th Sept., 2024
AIESEP International Conference	University of Jyväskylä, Finland	Presenter	13th – 17th May, 2024
Afro Sports Summit	Accra International Conference Centre	Participant	2nd – 3rd Aug., 2023
7th Lagos NAPHER-SD Conference/AGM/Election	Lagos, Nigeria	Presenter	6th – 9th June, 2023
HPERS-UEW and Grambling State University Collaboration Conference	Winneba, Ghana	Host and Presenter	28th Feb. – 1st March, 2023
Professional Development Conference	Winneba, Ghana	Participant	5th Jan., 2019
International Conference for Postgraduate Students	Cape Coast, Ghana	Participant	17th Aug., 2018
International Multi-Disciplinary Conference for Postgraduate Students, SGS-UEW	Winneba, Ghana	Participant	24th – 28th July, 2017

Curriculum Development

Led the writing and review of national Physical Education and Health curricula, teacher and learner resource packs, and training manuals for the National Council for Curriculum and Assessment (NaCCA), Ministry of Education, used from Kindergarten through Senior High School, and developed B.Ed. Physical Education programmes at UEW. Co-developers are named in the Books section above.

Course or Instructional Material (Role, Level)	**Period**
Assessment of Learner and Teacher Materials for the SHS, SHTS and STEM Curriculum, NaCCA (Assessor) – Senior High	9th Sept., 2026
Physical Education and Health Standards-Based Curriculum for Primary Schools, Primary 1–6 (Lead Writer) – Primary	2026
Assessment of M.Ed. Programme for HPER Department, University of Cape Coast (Panel of Assessors) – Postgraduate	25th March, 2026

B.Ed. Physical Education Curriculum Development, HPERS Department, UEW (Chairman) – Undergraduate	16th Nov., 2023 – Date
Physical Education and Health (Elective) Curriculum for Secondary Education, SHS 1–3 (Lead Writer) – Senior High	2023
Senior High School Curriculum Writing Workshop, Ho (Lead Writer) – Senior High	2023
Handball Manual for Teachers and Coaches (Co-Author) – Teachers and coaches	2023
NaCCA/T-TEL Senior High School Curriculum Writers Workshop (Lead Writer) – Senior High	2022
Sports for Safe Schools Manual: Teacher Resource Pack for Junior High School (Consultant/Writer/Trainer) – Junior High	2020
Training Manual for Physical and Health Education for JHS 1 (Lead Writer) – Junior High	2020

Student Development

Activity	Students Advised (per year/semester)	Time Spent Advising per Week
Graduate Coordinator (mentorship for postgraduate students)	27	40–60 minutes
Academic Counsellor	152	1–2 hours
Supervision of Physical Education student-interns	15–28	2–3 hours
Thesis supervision (postgraduate)	7	2–3 hours
Project supervision (undergraduate)	19	2–4 Hours
Participation in student organisations	Various	Regular involvement
Organising sports and physical activities for students	Varied	Regular sessions
Encouraging research and professional development	Several students	As required

Patron of Health Physical Education, Recreation and Sports Students' Association (HPERSSA) (1st August, 2023 – Date): Advise and mentor students; link the associations to management; provide financial oversight; approve and supervise student' activities; enforce discipline and safeguard students' welfare; serve as a role model; and build students' capacity on career, peace and give back to society.

Chief Patron, Oti Region Student Association (ORSA) (25th Sept., 2018 – Date): Advise and mentor students; link the associations to management; provide financial oversight; approve and supervise student' activities; enforce discipline and safeguard students' welfare; serve as a role model; and build students' capacity.

Mentorship

Area(s) of Development	Number of Staff Mentored
Teaching	Four (4)
Research	Five (5)

Membership of Professional Association(s)

Name of Association	Position held (if applicable)	Period
International Alliance of Health, Physical Education, Dance and Sports (IAHPEDS)	Member	30th Aug., 2025 – Date
Association Internationale des Écoles Supérieures d'Éducation Physique / International Association for Physical Education in Higher Education (AIESEP)	Member	23rd Aug., 2025 – Date
Global Observatory for Physical Education (GoPE!)	Member	17th Nov., 2024 – Date
Global Observatory for Physical Activity (GoPA!)	Member	17th Nov., 2024 – Date
International Federation of Municipalities, Sports and Tourism (IFMST)	Member	3rd May, 2024 – Date
Physical Activity Advocacy Group	Member	22nd Feb., 2024 – Date
Ghana Tertiary Education Commission's National Implementation Support Team (NIST)	Member	27th Sept., 2023 – Date
Handball Association of Ghana, Research and Training Committee	Chairman	13th Feb., 2021 – Date
Handball Association of Ghana (HAG)	Member	13th Feb., 2021 – Date
University Teachers Association of Ghana (UTAG)	Member	15th Aug., 2014 – Date
Central Region Handball Association	Chairman	9th May, 2008 – Date
Ghana Association of Health, Physical Education, Recreation, Dance and Sports (GAHPERDS)	Member	19th July, 2006 – Date

Institutional Service

Service on university, faculty, departmental and institute boards and committees covering ethics review, examinations, graduate studies, appointments and promotions, programme accreditation, curriculum development and the affiliated Colleges of Education.

Name of Committee(s) and/or Board(s)	Position or Role	Period
UEW Institutional Ethical Review Board	Member	29th April, 2026 – Date
Accreditation of HPERS PhD in Physical Education and Sports Studies and MA in Sports Studies	Final Reviewer	9th Sept., 2026
Sub-Committee of the 24th CAA African Senior Athletics Championship, Accra	Co-Chairman	12th – 17th May, 2026
Re-accreditation of HPERS PhD in Physical Education and Sports Studies	Final Reviewer	12th Jan., 2026
FHASHEE Appointment and Promotion Board	Member	21st Jan., 2026
Faculty of Health, Allied Sciences and Home Economics Education (FHASHEE) Examination Board	Member	21st Jan., 2026
FHASHEE Graduate Board	Member	21st Jan., 2026
29th GUSA Local Technical, Equipment and Facilities Sub-Committee, UEW	Member	30th May, 2025 – Date
Committee on Colleges of Education Post-Migration Issues	Member	26th March, 2025 – 2026
UEW Representative, Steering Committee on Research, Foundational Literacy & Numeracy (FLN) and Supported Teaching in Schools (STS)	Member	19th March, 2024 – Date
UEW Affiliated Colleges Committee on Examination Malpractice	Chairman	17th Jan., 2024 – Date
B.Ed. Physical Education Curriculum Development, HPERS Department, UEW	Chairman	16th Nov., 2023 – Date
ITECPD Professional Advisory Board	Member	16th Nov., 2023 – Date
ITECPD Sub-Committee Board on Examination	Chairman	8th Nov., 2023 – Date
UEW Distance Education Course Book Content and Foundation Knowledge in Physical Education	Reviewer	24th – 27th June, 2022
Committee for the Establishment of UEW Wellness Centre	Member	23rd March, 2022
Committee for Finalising HPERS Programmes for Accreditation	Chairman	17th Jan. – 22nd Feb., 2022

Committee for Re-Drafting HPERS Department Programmes for Accreditation	Chairman	11th – 18th Dec., 2021
HPERS Department Graduate Board	Chairman	1st Sept., 2021 – 30th July, 2023
Faculty of Science Graduate Board	Member	1st Sept., 2021 – 30th July, 2023
Faculty of Science Examination Board	Member	1st Sept., 2021 – 30th July, 2023
UEW Academic Board	Member	17th Aug., 2021 – Date
Department of Health, Physical Education, Recreation and Sports (HPERS) Examination Board	Chairman	1st Aug., 2021 – 30th July, 2023
Department of HPERS Appointment and Promotion Committee	Chairman	1st Aug., 2021 – 30th July, 2023

Community Service

Voluntary leadership in developing handball and sports at municipal, regional, and national levels; monitoring the national Sport for Safe Schools programme; and supporting a regional student association.

Name of Institution/Organisation	**Position(s) held (if applicable)**	**Period**
Under-20 and Under-17 National Handball Teams	Supervisor of Coaches	26th May, 2023 – Date
Central Region Handball Association	Chairman	24th May, 2023 – Date
IHF Africa Zone 3 Female Youth and Junior Challenge Trophy LOC, Accra	Technical Member	10th – 16th April, 2023
Effutu Municipal Assembly Sports Unit	Chairman	26th Aug., 2022 – Date
Education and Training Committee, Handball Association of Ghana	Chairman	3rd Aug., 2022 – Date
UNICEF and GES Sports for Safe Schools Training Programme	National Monitor	7th Nov., 2020 – 2022
Oti Region Student Association (ORSA)	Chief Patron	25th Sept., 2018 – Date

Professional Service or Consultancy outside the University

Curriculum and quality assurance consultancy; writing and reviewing national curricula and manuals; external examining and assessment for other tertiary institutions; adjunct teaching; and peer review for international journals and conferences.

Name of Institution/Client	Period of Service	Office/Position held
Institute of Wellness and Exercise Science (iWES), Legon, Accra	1st Sept., 2026 – Date	Consultant – Curriculum & Quality Assurance Expert
The African Journal of Teacher Education (AJOTE)	9th Aug., 2026 – Date	Reviewer
Frontiers in Sports and Active Living	4th Nov., 2025 – Date	Reviewer
International Journal of Mentoring and Coaching in Education	12th July, 2025 – Date	Reviewer
Scientific Committee, 1st International Conference on 'Citizen Sports and Sustainable Urban Development', Iran	6th June, 2025 – Date	Member
Heritage Christian University College	2nd Sept., 2024 – Date	Senior Lecturer (Adjunct)
Appointment and Promotions Committee, Heritage Christian University College	26th Aug., 2024	External Member
International Journal of Research and Innovation in Social Science (IJRISS)	26th Aug., 2024 – Date	Reviewer
Akrokerri College of Education	26th March, 2024	PE External Assessor
Department of HPER, University of Cape Coast	24th May, 2023 – Date	External Examiner (M. Phil. & PhD)
Wesley College of Education, Kumasi	18th June, 2022	PE External Assessor
Presbyterian College of Education, Akropong-Akuapem	5th June, 2022 –	PE External Assessor
UNICEF and GES – Sports for Safe Schools (writing of manuals for elementary schools)	23rd July, 2020 – Date	Technical Consultant
National Council for Curriculum and Assessment (NaCCA)	12th June, 2019 – Date	Textbooks/Manuals Writer and Reviewer
NaCCA and T-TEL – Standards-Based PE Curriculum, Common Core PE Curriculum and PEH Curriculum for SHS	15th Jan., 2019 – Date	Curriculum Writer

Grants, Honours, Awards, Prizes or Professional Recognition and other Key Accomplishments

Name/Type of Award	Awarding Institution or Organisation	Period
Research Grant (USD 13,740.00) – GAC-PAQ Ghana validation study	Canadian Institutes of Health Research (CIHR), coordinated by the University of Lethbridge	January – December, 2026

Research Grant (USD 15,000)	Education Sub-Saharan Africa (ESSA) and REAL Centre, Early Childhood Development (ECD)	May – December, 2025
Conference Grant (EUR 3,000)	SAFINET, Finland	2024
GUSA Handball Gold Medallist Coach Award (Men and Women)	UEW Sports Directorate	2024
Award for Commitment to the Development, Growth and Promotion of Handball	Central Region Sports Association	2007 – 2010
District Best Teacher Award, SHS (General Category)	Awutu/Effutu/Senya District	2006 – 2007
Academic Merit Award	HPERS Department, UEW	2003 – 2004
Academic Merit Award	HPERS Department, UEW	2002 – 2003

Referees

Professor Samuel Ofori Bekoe
The Director General
National Council for Curriculum and Assessment (NaCCA), Accra
Email: sam_oforibek@yahoo.com
Tel: +233 508363446

Prof. Awaisu Imurana Braimah
The Dean, School of Graduate Studies
University of Education, Winneba
Email: baimurana@uew.edu.gh
Tel: +233 244519778

Prof. Daniel Apaak
The Dean of Student Affairs
University of Cape Coast, Cape Coast
Email: daniel.apaak@ucc.gh
Tel: +233 208587866



12th November, 2026