



# Curriculum Vitae

## **Personal Data:**

*Name:* Evelyn Efua Payin

*Postal Address(es):* Department of Food and Nutrition Education, University of Education,  
Winneba. P. O. Box 25, Winneba.

*Cell Phone:* 0534074981

*Email Address(es):* [epayin@uew.edu.gh](mailto:epayin@uew.edu.gh); [evelynpayin@gmail.com](mailto:evelynpayin@gmail.com)

<https://orcid.org/0000-0001-7409-4212>

[www.linkedin.com/in/evelyn-efua-payin-phd-52315290](http://www.linkedin.com/in/evelyn-efua-payin-phd-52315290)

<https://www.researchgate.net/profile/Evelyn-Payin>

*Web of Science ID:* AEB-4145-2022

*Date of Birth:* 22<sup>nd</sup> January 1982

*Nationality:* Ghanaian

## **Areas of Expertise or Professional Skills:**

Skills and knowledge in:

Concepts, principles, practices and applications in Food and Nutrition

Food preparation

Flour confectionery

Chocolate confectionery

Food commodities

Food handling

Food preservation

Food hygiene

Food preservation

Food storage

Food quality assurance

Orange-fleshed sweet potato applications in baking

Quantitative research - cross-sectional survey and experimental designs

Microsoft Office tools

Minitab and SPSS data analysis software

**Professional Qualification(s):** Give highlights of achievements leading to the award or materials produced and/or submitted in support of the application for the award.

| <i>Rank</i>                               | <i>Supporting evidence</i> | <i>Period</i> |
|-------------------------------------------|----------------------------|---------------|
| PhD Nutrition                             | Certificate                | 2020 – 2023   |
| Mphil Home Economics (Food and Nutrition) | Certificate                | 2010 – 2013   |
| B’Ed Home Economics (Food and Nutrition)  | Certificate                | 2002 – 2006   |
| Secondary Education (Food and Nutrition)  | SSSCE Certificate          | 1998 – 2000   |
| Basic Education                           | BECE Certificate           | 1995 – 1997   |

**Professional Responsibilities:** List the professional responsibilities assumed, perhaps following one’s professional qualification(s).

| <i>Position</i>           | <i>Office/Location</i>           | <i>Period</i> |
|---------------------------|----------------------------------|---------------|
| Lecturer                  | Food and Nutrition Dept, UEW     | 2018 – Date   |
| Assistant Lecturer        | Food and Nutrition Dept, UEW     | 2016 – 2018   |
| Academic Counsellor       | Food and Nutrition Dept, UEW     | 2017 - 2026   |
| Chief Research Assistant  | Food and Nutrition Dept, UEW     | 2014 – 2016   |
| Part-time Tutor           | CODEL, UEW, Winneba Study Centre | 2011 – Date   |
| Senior Research Assistant | Food and Nutrition Dept, UEW     | 2008 – 2014   |

**Education** (beginning with the newest to the oldest):

| <i>Qualification/Certificate obtained</i> | <i>Name of Institution Attended</i>          | <i>Date</i> |
|-------------------------------------------|----------------------------------------------|-------------|
| PhD Food Science and Technology           | On-going, University for Development Studies | 2027        |
| PhD Nutrition                             | Atlantic International University, USA       | 2023        |
| Mphil Home Economics Education            | University of Education, Winneba             | 2013        |
| B’Ed Home Economics                       | University of Cape Coast, Cape Coast         | 2006        |
| Secondary Education (Home Economics)      | Winneba Secondary School                     | 2000        |
| Basic Education                           | Unipra Basic School (South Campus)           | 1997        |

**Career History** (beginning with the newest to the oldest):

*Position/Title*

*Name of Institution*

*Date*

**Academic Counsellor**      **University of Education, Winneba**      1<sup>st</sup> August, 2026 – 31<sup>st</sup> July 2027

*Responsibilities*

1. Assist students assigned to me to address problems of academics nature
2. Interact with students, at least twice a semester to find out their problems and advised them.
3. Refer students to the Counselling Centre when necessary

**Coordinator**

Food Production Unit, UEW

January – April 2024

*Responsibilities*

1. Acted as chief advocate of the Unit
2. Met regularly with the HoD to communicate all activities within area of responsibility.
3. Led in the development of both long-range and short-range strategic plan for the Unit.
4. Communicated Unit Committee Decisions/Recommendations to HoD/Dean for implementation.
5. Was in charge of collection, disbursement and retirement of funds such as imprest and special advance.
6. Scouted for staff
7. Prepared development plan
8. Developed budget
9. Identified resource needs and arrange for their supply.
10. Monitored resource of monthly attendance of workers for wages and salaries input.
11. Attended procurement meetings as an end user.
12. Performed other duties assigned by the HoD or Dean

**Lecturer**

University of Education, Winneba      2018 to date

*Responsibilities:*

1. Teach undergraduate food and nutrition courses (Introduction to Food and Nutrition, Confectionery Technology, Food Handling And Preservation, Food Commodities, Handling And Hygiene); create engaging lesson plans aligned with educational standards that tailor to the varied learning needs of students.

2. Foster a positive and inclusive lecture hall environment that promotes student participation, mutual respect, and collaboration.
3. Regularly evaluate student progress through assignments, quizzes, exams, and other assessments to provide meaningful feedback
4. Individualized Support: Identify and address the unique learning styles and needs of each student to ensure their academic growth
5. Supervise on-campus and off campus teaching practice
6. Supervise long essays
7. Conduct research
8. Supervise off-campus teaching practice (Internship)
9. Participate in examination invigilation

| <i>Position/Title</i>     | <i>Name of Institution</i> | <i>Date</i>  |
|---------------------------|----------------------------|--------------|
| <b>Assistant Lecturer</b> | UEW                        | 2016 to 2018 |

*Responsibilities*

1. Taught Applied Food and Nutrition
2. Taught Confectionery Science
3. Taught Family Meal Management
4. Supervised on-campus teaching practice
5. Set questions for quizzes and exams
6. Mark quizzes and exams questions
7. Supervised long essays
8. Conducted research
9. Supervised off-campus teaching practice (Internship)

|                     |                           |                   |
|---------------------|---------------------------|-------------------|
| <b>Co-ordinator</b> | Food Production Unit, UEW | Jan. – April 2016 |
|---------------------|---------------------------|-------------------|

*Responsibilities*

1. Act as chief advocate of the Unit
2. Meet regularly with the HoD to communicate all activities within area of responsibility.

3. Lead in the development of both long-range and short-range strategic plan for the Unit.
4. Communicate Unit Committee Decisions/Recommendations to HoD/Dean for implementation.
5. Be in charge of collection, disbursement and retirement of funds such as imprest and special advance.
6. Scout for staff
7. Prepare development plan
8. Develop budget
9. Identify resource needs and arrange for their supply.
10. Monitor resource of monthly attendance of workers for wages and salaries input.
11. Attend procurement meetings as an end user.
12. Perform other duties assigned by the HoD or Dean

| <i>Position/Title</i>           | <i>Name of Institution</i> | <i>Date</i> |
|---------------------------------|----------------------------|-------------|
| <b>Chief Research Assistant</b> | UEW                        | 2015 - 2016 |

*Responsibilities*

1. Assisted in research and teaching in the Department of Home Economics Education
2. Conducted Research
3. Assisted in teaching Applied Foods and Nutrition and Confectionery Science
4. Assisted in teaching of other courses in the Department
5. Assisted in the daily operation of the Food Production Unit
6. Organized students practical lessons

| <i>Position/Title</i>  | <i>Name of Institution</i> | <i>Date</i>  |
|------------------------|----------------------------|--------------|
| <b>Part-time Tutor</b> | CODEL, UEW                 | 2011 to date |

*Responsibilities*

1. Teach the following courses:
2. Processes and Procedures in Food and Nutrition
3. Enterprise Development in Home Economics
4. Foods and Nutrition
5. Entrepreneurship and Costing

6. Home Economics Research Methods
7. Entrepreneurship and small business development and
8. On-campus teaching practice
9. Set examination questions
10. Go on conference marking of exam scripts
11. Supervise students' long essays
12. Academic counsellor for distance education students

| Position/Title            | Name of Institution | Date        |
|---------------------------|---------------------|-------------|
| <b>Course Coordinator</b> | CODEL, UEW          | 2016 – 2018 |

*Responsibilities*

1. Set quiz and exam questions
2. Assisted in quiz and exam questions moderation
3. Supervised printing of quiz and exam questions
4. Go on monitoring of quizzes and exams across the 37 centres in the 10 Regions of Ghana
5. Team led and coordinated conference marking of Home Economics Courses examination scripts
6. Checked the accuracy of typed quiz and examination scores

| Position/Title                   | Name of Institution | Date        |
|----------------------------------|---------------------|-------------|
| <b>Senior Research Assistant</b> | UEW                 | 2008 – 2014 |

*Responsibilities*

1. Assisted in Research: conduct research; compile reports, including statistical data on researches conducted by Lecturers.
2. Assisted in teaching Foods and Nutrition courses
3. Assisted instructor to develop course outline and reading list
4. Conducted tutorials
5. Organised students for seminar presentations
6. Moderated students seminars
7. Organised student practical lessons
8. Assisted in Organising on- campus teaching sections
9. Assisted in daily operations of the Food Production Unit

## **Publications, Research/Projects Conducted or Undertaken, Creative Works/Productions**

**Produced:** You may describe the nature, outcome or impact of the research, project, creative works, production, etc. The title, author(s), date of publication/exhibition/production as well as publisher, where applicable, may be indicated. Specific examples or instance(s) could be given. The items under this section include:

### **a. Books**

1. Payin, E. E. (2026). Food Commodities: Handling, Preservation and Quality Assurance. Yasode Press. Mankessim. ISBN 978-9988-43-250-8
2. Payin, E. E. (2026). Introduction to Food and Nutrition: Principles, Practices and Applications. Yasode Press. Mankessim. ISBN 978-9988-41-382-8
3. Payin, E. E. (2025). Confectionery Technology: The Comprehensive Guide to Mastering Flour Confections. Frimpression, Kumasi. ISBN 978-9988-51-829-5
4. Caurie, M, Adams, M. L., Barnes, C. A., Adigbo, E. C., Madah, K. C., & Payin, E. E. (2010) Endangered Ghanaian Dishes and Cassava Products. Yamens Press Ltd. Accra. ISBN 998860508-0

### **b. Chapter(s) in Book(s)**

### **c. Peer-Reviewed Journal Articles**

1. Madah, K.C.; Payin E.E.& Halidu, Ramatu (2016) Food Management Principles Adopted by Street Food Vendors in Effutu Municipality in the Central Region of Ghana. Journal of Home Economics Research Vol 23, No. 1, pp. 1- 11.  
<http://www.heran.org/heranmain/index.php/journals/75-jher-volume-23-sept-2016>
2. Madah, K.C & E. E. Payin (2011), Nutrition knowledge, quality of diet and factors influencing food selection in University of Education, Winneba. International Journal of Home Economics Research .Vol.2 (February,2011) ISSN2026-5018,25-35
3. Payin, E. E. & Madah, K. C. (2009). Safety Measures in the Hotel and Catering Industry in the Cape Coast Municipality of Ghana. Journal of Home Economics Research of Nigeria, Vol 10, 65-74.
4. Payin, E. E. & Madah, K. C. (2009). Knowledge of Food Safety: The Attitude and Practices of Catering Staff in the Winneba Municipality in Ghana. Journal of Home Economics Research, Vol.1, 198-206.

### **d. Referred Conferences Proceedings/Articles**

1. Payin, E. E. Jacob, P. (2022). Efficacy of Internet-Based Dietary Behavior Change Interventions in Improving Healthy Eating Across the Life Course: A Systematic Review. *Current Developments in Nutrition*, Volume 6, Issue Supplement\_1, June 2022, Page 596, <https://doi.org/10.1093/cdn/nzac060.054>
  2. Payin, E. E. Jacob, P. (2021) Efficacy of nutrition interventions in ameliorating malnutrition among children: a systematic review. *Proceedings of the Nutrition Society / Volume 80 / Issue OCE2 / 2021*. Published online by Cambridge University Press: 06 May 2021, E50. Print publication: 2021. DOI: <https://doi.org/10.1017/S0029665121000628>
- e. Non-Peer-Reviewed Publications such as Editorials, Columns, Reviews of others' work.
  - f. Creative works such as Exhibitions, Concerts, Compositions, Productions and performance, etc.
  - g. Patents or Copyrights
  - h. Other Scholarly and/or Creative Works not captured in other section(s)

### **Professional Development:**

#### **Training Sessions:**

| <i>Course Title</i>                 | <i>Course Instructor</i> | <i>Location</i> | <i>Period</i>                                         |
|-------------------------------------|--------------------------|-----------------|-------------------------------------------------------|
| Fire Safety and Preventive Training | Fire Service             | UEW             | 19 <sup>th</sup> March, 2026                          |
| Artisanal Chocolate Making          | KNUST/CPC staff          | KNUST           | 20 <sup>th</sup> -24 <sup>th</sup> June 2016          |
| Handmade Chocolate Making           | CSDO staff               | India           | 15 <sup>th</sup> – 20 <sup>th</sup> Jan. 2016         |
| Women and Enterprise Development    | NIESBUD staff            | India           | 1 <sup>st</sup> Dec. 2015 – 22 <sup>nd</sup> Jan 2016 |

#### **Seminars and Workshops:**

| <i>Course Title</i>                                 | <i>Location</i>          | <i>Period</i>                                |
|-----------------------------------------------------|--------------------------|----------------------------------------------|
| GHEA Workshop                                       | GNAT Hall, Tamale        | 6 <sup>th</sup> – 8 <sup>th</sup> Aug. 2026  |
| Front-of-pack warning labelling policy advocacy     | North Assembly Hall, UEW | 10 <sup>th</sup> July, 2026                  |
| Assessment Item Construction                        | Student Centre, UEW      | 17 <sup>TH</sup> June, 2026                  |
| Institutional Visibility and Global Competitiveness | North Assembly Hall      | 20 <sup>th</sup> May, 2026                   |
| Grant Proposal Development and Budgeting            | Students Centre UEW      | 28 <sup>th</sup> -29 <sup>th</sup> Jan. 2026 |

|                                                    |                        |                                                |
|----------------------------------------------------|------------------------|------------------------------------------------|
| T-TEL Workshop                                     | A.M.A Auditorium Accra | 2 <sup>nd</sup> October, 2025                  |
| Grant Sourcing and Proposal Writing                | UEW                    | 23 <sup>rd</sup> – 27 <sup>th</sup> Sept. 2024 |
| Publishing in High Impact Journals                 | UEW                    | 27 <sup>th</sup> – 28 <sup>th</sup> Sept. 2017 |
| Research Skills                                    | UEW                    | 30 <sup>th</sup> May 2017                      |
| Current Trends in Teacher Education in Ghana       | UEW                    | 14 <sup>th</sup> July 2016                     |
| Assessment Issues and Item Construction Techniques | UEW                    | 29 <sup>th</sup> July 2015                     |

### Conference(s)

| <i>Name of Conference</i>         | <i>Location</i> | <i>Presentations (if any)</i> | <i>Period</i>                                      |
|-----------------------------------|-----------------|-------------------------------|----------------------------------------------------|
| Our Diet Line Conference          | Microsoft Teams | Panellist                     | 15 <sup>th</sup> – 16 <sup>th</sup> October 2026   |
| GHEA Conference                   | Tamale          | -                             | 5 <sup>th</sup> – 9 <sup>th</sup> August, 2026     |
| GHEA Conference                   | Accra           | -                             | 30 <sup>th</sup> Sept. – 4 <sup>th</sup> Oct. 2025 |
| ANH Conference                    | Online          | -                             | 27 <sup>th</sup> – 30 <sup>th</sup> June 2023      |
| ANH Conference                    | Online          | -                             | 28 <sup>th</sup> – 30 <sup>th</sup> June 2022      |
| American Society for Nutrition    | Online          | Eposter Audio                 | 14 <sup>th</sup> – 16 <sup>th</sup> June, 2022     |
| Edutech Asia Conference           | Online          | -                             | 9 <sup>th</sup> – 11 <sup>th</sup> Nov. 2021       |
| Edutech Africa Conf.              | Online          | -                             | 5 <sup>th</sup> – 6 <sup>th</sup> Oct. 2021        |
| Agriculture, Nutrition and Health | Online          | -                             | 29 <sup>th</sup> June – 1 <sup>st</sup> July 2021  |
| American Society for Nutrition    | Online          | -                             | 7 <sup>th</sup> – 10 <sup>th</sup> June 2021       |
| Nutrition Society                 | UK              | Video PowerPoint              | 29 <sup>th</sup> – 20 <sup>th</sup> March 2021     |
| Nutrition Society                 | UK              | -                             | 18 <sup>th</sup> Jan. 2021                         |
| NS Conference                     | UK              | -                             | 8 <sup>th</sup> – 9 <sup>th</sup> Dec. 2020        |
| Information Technology            | India           | -                             | 11 <sup>th</sup> Dec. 2015                         |
| Global SMME                       | India           | -                             | 7 <sup>th</sup> – 8 <sup>th</sup> Dec, 2015        |
| GHEA                              | Ghana           | -                             | 26 <sup>th</sup> – 30 <sup>th</sup> Aug. 2015      |
| GHEA                              | Ghana           | -                             | 7 <sup>th</sup> -10 <sup>th</sup> July 2015        |
| GHEA                              | Ghana           | -                             | 8 <sup>th</sup> -11 <sup>th</sup> Feb. 2013        |
| HERAG                             | Ghana           | -                             | 4 <sup>th</sup> – 7 <sup>th</sup> Feb. 2011        |
| HERAG                             | Ghana           | -                             | 4 <sup>th</sup> -7 <sup>th</sup> Feb. 2009         |
| Gender                            | Ghana           | -                             | 9 <sup>th</sup> – 11 <sup>th</sup> Sept 2009       |
| HERAG                             | Ghana           | -                             | 10 <sup>th</sup> -13 <sup>th</sup> Jan. 2018       |
| HERAG                             | Ghana           | -                             | 4 <sup>th</sup> – 7 <sup>th</sup> July 2007        |

**Curriculum Development:** Give a brief description of the course or instructional material. Invited or professional presentations, lectures, etc. Provide a list of the professional areas you write on, investigate, offer services/talks/education, etc. and the level(s) at which the course is taught or the instructional material is used. Co-developers should be named

| <i>Course or instructional material</i> | <i>Period</i>      |
|-----------------------------------------|--------------------|
| Food Handling and Preservation          | May – August 2026  |
| Food Commodities, Handling and Hygiene  | May – August 2026  |
| Introduction to Food and Nutrition      | Feb. – April 2026  |
| Confectionery Technology                | Oct. – Dec. 2025   |
| Introduction to Food and Nutrition      | April – June, 2025 |
| Confectionery Technology                | Feb. – April 2025  |
| Introduction to Food and Nutrition      | Oct. – Dec. 2024   |
| Applied Food and Nutrition              | 2016 – 2018        |
| Confectionery Science                   | 2016 – 2018        |

**Student Development:** Activities other than teaching and thesis/project supervision such as academic counselling, involvement in student organisation(s) and other notable lecturer-student development activities. Provide the number of students advised per year or semester, the length of time spent on advising per week, mention student organisation(s) and the role or nature of involvement like project development, research, publications, etc. which have not been reported under other sections.

### **Academic Counselling**

I meet schedule and meet students assigned to me twice a semester; at the beginning and towards the end of the semester to discuss issues of academic concerns. I counsel and advise individual students who come to me with their issues that affect their academic journey. I provide counselling services to 283 students per semester and I spend 2 to 2.5 hours on whole class counselling and 45 minutes to 1.5 hours on individual counselees.

### **Mentorship**

| <i>Area(s) of Development</i> | <i>Number of Staff Mentored</i> |
|-------------------------------|---------------------------------|
|-------------------------------|---------------------------------|

**Membership of Professional Association(s):**

| <i>Name of Association</i>                          | <i>Position held (if applicable)</i> | <i>Period</i> |
|-----------------------------------------------------|--------------------------------------|---------------|
| International Academy of Nutrition Educators (IANE) | Member                               | 2021 to Date  |
| Agriculture, Nutrition and Health (ANH) Academy     | Member                               | 2021 to Date  |
| Nutrition Society (NS)                              | Member                               | 2020 to Date  |
| University Teachers Association of Ghana            | Member                               | 2016 to Date  |
| Ghana Home Economics Association (GHEA)             | Member                               | 2002 to Date  |

**Institutional Service:** List the Committee(s) and/or Board(s) you have been a member of. You may in a sentence or two outline the nature and scope of work.

| <i>Name of Committee(s) and/or Board(s)</i> | <i>Position or role</i> | <i>Period</i>     |
|---------------------------------------------|-------------------------|-------------------|
| Exhibition Committee                        | Member                  | 08/2024           |
| Production Unit Committee                   | Secretary               | 10/2017 – 09/2018 |
| Food Exhibition Committee                   | Chairperson             | 03/2017           |
| Outreach Committee                          | Member                  | 2016 – 2018       |
| Radio Committee                             | Member                  | 2016 – 2018       |
| Seminar and Research Committee              | Member                  | 2016 – 2018       |
| Food Production Unit Committee              | Member                  | 2010 – 2018       |

**Community Service:** You may indicate the nature of the service rendered.

| <i>Name of Institution/Organisation</i>           | <i>Position(s) held (if applicable)</i> | <i>Period</i>                  |
|---------------------------------------------------|-----------------------------------------|--------------------------------|
| Mfantsiman Girls SHS PTA                          | Chairperson                             | Jan 2024 – Dec 2027            |
| Mfantsiman Girls SHS Board of Governors PTA Rep.  |                                         | Jan 2024 – Dec. 2027           |
| Latter Day Saints Church                          | Judge                                   | 6 <sup>th</sup> Dec. 2024      |
| UEW-World Home Economics Day                      | Panellist                               | 21 <sup>st</sup> March 2024    |
| Relief Society                                    | Judge                                   | 25 <sup>th</sup> February 2024 |
| HYPERS Dept                                       | External Assessor                       | 20 <sup>th</sup> April 2017    |
| Dept of Communication and Media Studies           | Judge/Resource person                   | 6 <sup>th</sup> April 2017     |
| HYPERS Dept                                       | External Assessor                       | 28 <sup>th</sup> April 2016    |
| SRC UEW                                           | Resource person                         | 17 <sup>th</sup> Sept. 2014    |
| Twifo Praso Nursing and Midwifery training School | Resource person                         | 30 <sup>th</sup> January 2014  |

|                                                 |                 |                                             |
|-------------------------------------------------|-----------------|---------------------------------------------|
| Traditional Caterers and Bar Owners Association | Resource person | 23 <sup>rd</sup> January 2014               |
| Grace Presby Church                             | Speaker         | 16 <sup>th</sup> Feb. 2009                  |
| HERAG                                           | Recorder        | 4 <sup>th</sup> – 7 <sup>th</sup> Feb. 2009 |

**Professional Service or Consultancy outside the University:** Give a description of the activities undertaken.

| <i>Name of institution/client</i> | <i>Period of service</i>                      | <i>Office/position held</i> |
|-----------------------------------|-----------------------------------------------|-----------------------------|
| British Journal of Nutrition      | January 2021 – June 2023                      | Reviewer                    |
| Grace Hill School of Technology   | 2012 – 2018                                   | External Assessor           |
| Plan Ghana                        | 27 <sup>th</sup> – 30 <sup>th</sup> Dec. 2010 | Resource Person             |
| Plan Ghana                        | 2 <sup>nd</sup> – 9 <sup>th</sup> Jan. 2010   | Resource Person             |
| Plan Ghana                        | 30/05 – 30/06 2009                            | Team Leader                 |
| Plan Ghana                        | 03 - 15/2009                                  | Resource Person             |
| Plan Ghana                        | 04 – 08/06/ 2009                              | Team leader                 |
| Plan Ghana                        | 07 - 20/12/ 2007                              | Team Leader                 |
| Plan Ghana                        | 15 /01 – 17/02/2005                           | Team Leader                 |

**Grants, Honours, Awards, Prizes or Professional Recognition and other Key Accomplishments:** Provide one or two sentences to describe the nature and significance of the award or achievement

| <i>Name/Type of Award</i>     | <i>Awarding Institution or Organisation</i>  | <i>Period</i> |
|-------------------------------|----------------------------------------------|---------------|
| <b>ITEC/SCAAP Scholarship</b> | Ministry of External Affairs, Gov't of India | 2015-2016     |

I attended a trainer of trainers programme on women and enterprise development for two months. I was trained in how to enterprise development and how to train fellow women to set up their own enterprises.

|                                    |                |             |
|------------------------------------|----------------|-------------|
| <b>Cultural Support Initiative</b> | European Union | 2010 - 2011 |
|------------------------------------|----------------|-------------|

Researchers curated, standardised and developed a recipe book on endangered Ghanaian food commodities and dishes.

**Referees:** At most three, two of whom should be able to comment on one's professional career. Please provide their names, addresses, phone numbers and/or emails, etc.

**Prof. Fred Yao Gbagbo**

Ag. Dean

Faculty of Health, Allied Sciences and Home Economics Education

University of Education, Winneba

Winneba

0243335708

**Dr. Guy Eshun**

Senior Lecturer

Department of Food and Nutrition Education

University of Education, Winneba

Winneba

0245266561

**Prof. Francis Kweku Amagloh**

Professor

Department of Food Science and Technology

University of Development Studies

Tamale

0507113355



12<sup>th</sup> October, 2026