



Curriculum Vitae

Dr. Richard Samuel Kwadwo Abieraba

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Department of HPERS

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19th October 1981

Ghanaian

Areas of Expertise or Professional Skills

Sports Management/Administration, Health, Physical Education and Sports
Theory and Practice of Soccer and Handball
Research Methodology in Health, Physical Education, Recreation and Sports.

Education

- 2017- 2022: **Ph.D. Physical Education.** University of Cape Coast, Cape Coast, Ghana. *Influence of coaches' leadership behaviour on Senior High School athletes' satisfaction, Ashanti Region of Ghana.*
- 2015- 2016: **Diploma in Sports Management.** Leipzig University, Germany. *Trained as a Professional sports manager.*
- 2013- 2015: **M.Phil.** (Health, Physical Education, Recreation and Sports HPERS). University of Education, Winneba, Ghana. *Comparative study of sports participation on academic performance of student-athletes and non-student-athletes in Offinso College of Education, Ghana.*
- 2008- 2012: **Bachelor of Education** (Health, Physical Education, Recreation and Sports HPERS). University of Education, Winneba, Ghana. *Using designed activities to improve upon the volley passing in volleyball among diploma in basic education two students of Offinso College of Education.*
- 2003- 2006: **Certificate in Basic Education** (Teacher Certificate 'A') University of Cape Coast- Institute of Teacher Education Cape Coast, Ghana. *Trained as a professional teacher for Primary and Junior High schools.*

Career History

- July, 2022- Date: University of Education, Winneba, HPERS Department. **Lecturer.** *Teach sports Management and Physical Education courses with practical Lessons: Organisation and Administration of Sports, Legal and Ethical Aspects of PE & Sports, Pre- Internship Seminar, Sports Management, Sports Promotion and Public Relations, Teaching Soccer, Post Internship Seminar, Sports Marketing, Badminton, Project work Supervision, Administration of PE and Sports, Master's Thesis Supervision, etc.) (Full Time).*
- Jan. 2020- July,2022: University of Education, Winneba, HPERS Department. **Assistant Lecturer.** *Teach sports Management and Physical Education courses with practical Lessons: Organisation and Administration of Sports, Legal and Ethical Aspects of PE & Sports, Pre- Internship Seminar, Sports Management, Sports Promotion and Public Relations, Teaching Soccer, Post Internship Seminar, Sports Marketing, Badminton, Project work Supervision, etc.) (Full Time).*
- 2019: Jackson College of Education, Nkoranza Centre. **Physical Education Tutor** (Part time). *Taught diploma in basic education students' physical education courses.*
- 2018: Jackson College of Education, Nkoranza Centre. **Physical Education Tutor** (Part time). *Taught diploma in basic education students' physical education courses.*
- 2017: Jackson College of Education, Nkoranza Centre. **Physical Education Tutor** (Part time). *Taught diploma in basic education students' physical education courses.*
- 2017- 2019: Offinso College of Education (OFCE), Offinso- Ashanti, Ghana. **Head of Physical Education Unit.** *Organise, Manage, Coordinate and Promote sports for both staff and students, supervise staff of the physical education unit, and Coach various sports teams of OFCE.*
- 2012- 2019: Offinso College of Education, Offinso- Ashanti, Ghana. **Tutor/Sports Coach.** *Teaching health and physical fitness, health, safety and social issues in schools, first aid and sports injuries, Supervise students' project, supervise students' teaching (on-campus and off-campus) and teaching HIV/AIDS and other endemic diseases in Africa. Coach handball and sprints.*
- 2011: Offinso College of Education, Offinso. **Teacher Intern.** *Assisted in teaching and organization of games.*
- 2007-2008: Anyinamso D/A J.H.S., Anyinamso. **General Science Teacher.** *Taught J.H.S one to three pupils as a subject teacher.*
- 2006-2007: Kukubuso D/A Primary School. **Assistant Headteacher and Classroom Teacher.** *Taught all subjects in class five while acting as an assistant headteacher.*

Publications

Articles

- Abieraba, R. S. K.** (2024). Senior high school athletes' perception of coaches leadership behaviour in terms of sex. *World Journal of Advanced Research and Reviews*, 21(2), 1116-1126 doi: 10.30574/wjarr

- Abieraba, R. S. K.** (2024). Experiences of coach-athlete relationship: a case study of university of Cape Coast, Ghana. *European Journal of Physical Education and Sport Science*, 10(5), 32-54. doi: 10.46827/ejpe.v10.i5.5175.
- Kusi, F. A & **Abieraba, R. S. K.** (2023). Knowledge and Perception of ‘Pay-to-Play’ in Football among Sport Journalists in Ghana. *Indonesian Journal of Sport Management*, 3(2), 170-180. <https://doi.org/10.31949/ijsm.v3i1.5980>.
- Agormedah, E. K., Quansah, F., Ankomah, F., Hagan, J. E. Jr., Srem-Sai, M., **Abieraba, R. S. K.**, Frimpong, J. B., & Schack, T. (2022) Assessing the validity of digital health literacy instrument for secondary school students in Ghana: The polychoric factor analytic approach. *Frontier Digital Health*. 4:968806. doi: 10.3389/fdgth.2022.968806
- Quansah, F., Ankomah, F., Agormedah, E. K., **Abieraba, R.S.K.**, Srem-Sai M., Hagan J. E. Jr., Okan, O., Dadaczynski, K., & Schack, T. (2022). Covid-digital health literacy and subjective well-being of students in Ghana: Mediation-moderation analyses. *Health Science Reports*. 5:e916. Doi: 10.1002/hsr2.916.
- Hagan, J. E. Jr., Quansah, F., Anin, S.K., Sorkpor, R.S., **Abieraba, R. S. K.**, Frimpong, J. B., Srem-Sai, M., & Schack, T. (2022). Covid-19 related knowledge and anxiety response among physical education teachers during practical in- person lessons: Effects of potential moderators. *Behavioural Sciences*, 12, 83. <https://doi.org/10.3390/bs12030083>.
- Quansah, F., Hagan, J. E. Jr., Sambah, F., Frimpong, B. J., Ankomah, F., Srem-Sai, M., Seibu, M., **Abieraba, R. S. K.**, & Schack, T. (2022). Perceived safety of learning environment and associated anxiety factors during COVID-19 in Ghana: Evidence from physical education practical-oriented program. *European Journal of Investigation in Health, Psychology and Education*, 12, 28-41. <https://doi.org/10.3390/ejihpe12010003>.
- Frimpong, J. B., Srem-Sai, M., Hagan, J. E. Jr., **Abieraba, R. S. K.**, Sorkpor, R.S., & Schack, T. (2022). Interactions between gender, age and competition level on elite students- athletes’ Religious coping experiences in the week leading up to competition. *International Journal of Sports Science and Physical Education*, vol. 6 (4), 61- 68. doi: 10.11648/j.ijsspe.20210604.11.
- Donkor, S.K., Nyavor, L.G., Addai- Tuffour, P., **Abieraba, R.S.K.**, Sorkpor, R.S., & Ocansey, R. (2021). Intra- observer evaluation of teacher-student questioning behaviours: A case study of the quality and frequency of questions administered in physical education theory class. *International Journal of Physical Education, Sports and Health*, 8(5), 192- 197.
- Donkor, S.K., Nyavor, L.G., Atsu, F.S., Appiah, M., Darko, R.A., **Abieraba, R.S.K.**, Addai- Tuffour, P. & Ocansey, R. (2021). Evaluation of student- teacher questions: A study of pedagogical practices relating to proportions and rate per- minute of questions asked in physical education class setting. *International Journal of Physiology, Nutrition and Physical Education*, 6(2), 265- 271.
- Srem-Sai, M., Frimpong, J. B., **Abieraba, R.S.K.**, Sorkpor, R.S.; Hagan, J.E., Jr., & Schack, T. (2021) Religion as a function of self-reported discrete emotions among Elite Student-Athletes before competition. *International Journal of Psychology Brain Science*, 6, 58–65.

Abieraba, R.S.K., Addai- Tuffour, P., & Mary, O. (2019). Comparative study of sports participation on academic performance of Student-athletes and Non student-athletes in Offinso College of Education, Ghana. *International Journal of Education, Learning and Development*, 7(2), 63-75.

Thomas, O., **Abieraba, R.S.K.**, & Osman, O. (2019). An assessment of sport facilities in Senior High Schools and their effects on sports development in the Tano North and South Districts of Ghana. *British Journal of Education*, 7(2), 121-139.

Addai- Tuffour, P., **Abieraba, R.S.K.**, & Mary, O. (2018). Managing pupils' aggression in physical education lessons; the teachers' approach. *International Journal of Education, Learning and Development*, 6(12), 1-22.

Professional Development Training Sessions:

Course Title	Course Instructor	Period
Coaching License D (Football).	Confederation of African Football through Ghana Football Association.	19- 25 th September, 2022
Refresher Course for P.E. Tutors.	Colleges of Education Sports Association.	17-20 th August, 2017
Basic Athletics Officiating.	The Ghana Athletics Association	2015
Keep fit and Health Instructors.	International Olympic Committee and the Ghana Olympic Committee.	2014
Refresher Course for P.E. Tutors.	Colleges of Education Sports Association.	2013

Workshops, Seminars and Conferences Attended

August 2- 3, 2023: 2023 AfroSport Summit where science meets business for sports in Africa. Participant. Accra International Conference Centre.

Feb., 28 – 1st March, 2023: University of and Education, Winneba in collaboration with Grambling State University, USA. Participant. Physical Education and Sports: The Hub of National Development. North Assembly Hall, UEW.

March, 2023: University of Cape Coast, School of Graduate Studies. Presenter. *Thesis defense for PhD students*. Graduate Conference Room.

Jan., 2022: German Sports University and Deutsche Gesellschaft Fur Internationale Zusammenarbeit (GIZ). Participant. *Sports for gender equity*. Online.

Feb., 2022: German Sports University and Deutsche Gesellschaft Fur Internationale Zusammenarbeit (GIZ). Participant. *Sports for violence prevention*. Online.

Feb., 2020: University of Education, Winneba. Participant. *Workshop for item writing*. Registrar's Conference Room.

August, 2021: University of Education, Winneba. Participant. *Faculty of Science Education Retreat*.

Elimina, Central Region.

Sept., 2019: University of Cape Coast. School of Educational Development and Outreach. Institute of Education. Participant. *Colleges of Education Subject based workshop for second year first semester*. Takoradi, Holy Child.

Feb., 2019: University of Cape Coast. School of Educational Development and Outreach. Institute of Education. Participant. *Colleges of Education Subject based workshop for first year second semester*. Kumasi, Wesley College.

June, 2019: University of Cape Coast, School of Graduate Studies. Presenter. *Thesis proposal defense for PhD students*. ERDU Conference Room.

March, 2018: University of Cape Coast, School of Graduate Studies. Participant. *Seminar on E-Resources for first year Graduate Students*. Sam Jonah Library.

Oct., 2018: University of Cape Coast, School of Graduate Studies. Presenter. *Thesis proposal update for postgraduate students*. ERDU Postgraduate Lecture Theatre.

March, 2017: University of Cape Coast, School of Graduate Studies. Participant. *Theorizing and conceptualizing your research work*. ERDU Postgraduate Lecture Theatre.

Oct., 2017: University of Cape Coast. School of Educational Development and Outreach. Institute of Education. Participant. *Guidelines on supervising action research project*. OFCE Library.

Oct., 2016- 2019: Offinso College of Education, *Offinso*. Participant. *Transforming Teacher Education and Learning (T TEL)*. OFCE Library.

June, 2014: Deutscher Akademischer Austauschdienst (DAAD). Participant. *Study and Research in Germany*. Information Centre, Accra.

July, 2011: University of Education, Winneba. Participant. *Seminar on General and Financial Administration for 2010/2011 Students Leaders*. Anamuah Conference Room.

Student Development

January 2020 – Date: Academic Counselor, University of Education, Winneba.

A good number of students are assisted to address their academic problems and I present information and resources to promote academic progress and empower them to take responsibility for academic success.

2020- Date: Sports Promotion and Public Relations Seminar.

Students are given the opportunity through my guidance to organise an event and use the marketing mix to promote the program for marks.

2020- Date: A Day Seminar on Organization and Administration of Sports.

Themes are developed and students assisted to organise the event to give them practical approach to the theory lessons.

2013-2019: Offinso College of Education, Offinso- Ashanti, Ghana. Academic Counsellor for Selected Level 100 to 300 students. I assisted students to address their problems of academic nature, interact with students to find out their problems and advise them and refer students to the College Counsellor where necessary.

Membership of Professional Association(S)

Jan., 2020- Date: **Member**, University Teachers Association of Ghana (UTAG)

2014- 2019: **Member**, Colleges of Education Sports Association (COESA)

2012- 2019: **Member**, College of Education Teachers Association of Ghana (CETAG)

2012- Date: **Member**, Ghana Association for Health, Physical Education Recreation, Dance and Sports (GAHPERDS).

2006- 2016: **Member**, Ghana National Association of Teachers. (GNAT)

2012- Date: **Secretary**, Ashanti Brong Ahafo P.E. Tutors Association (ASHBA P.E.)

2015- Date: **Member**, Keep fit and Health Instructor Association of Ghana

2015- Date: **Member**, Athletics Officiating Officials Association of Ghana.

Institutional Service

Name of Committee	Position	Period
Faculty Fair Committee, Faculty of HASHEE A well-structured fair for the faculty to socialize and for educational purpose.	Chairman	8 th January- Date
Honorary Coach for Football	Coach	Sept. 2022- Date
Committee In-charge of drafting MSc. Physical Education and Sports Program for Sandwich	Member	Nov., 2022- July, 2023

Community Service

2020- Date: Pac Academy FC, Offinso. Rendering voluntary service on weekends as a **Chief Executive Officer**.

2019: 31st National Sports Festival for Senior High Schools, Bolgatanga. **Officiating Official**.
Officiated as a track umpire.

2019: Offinso College of Education, Offinso. **Founder and Patron**. *College Cadet Corps.*

2018: 33rd National Sports Festival for Basic School, Koforidua. **Officiating Official**. *Officiated as a track umpire.*

2018: 10th COESA Games, Tamale. **Officiating Official**. *Officiated track events as a time keeper.*

2019: 9th COESA Games, Accra. **Officiating Official**. *Officiated track events as a time keeper.*

2016: 14th ASHBA Games, Mampong. **Officiating Official Handball and Athletics.** *Officiated as a handball referee and recorder for athletics.*

2014: 13th ASHBA Games, Berekum. **Officiating Official Handball and Athletics.** *Officiated as a handball referee and recorder for athletics.*

2012: 12th ASHBA Games, Kumasi. **Officiating Official Handball and Athletics.** *Officiated as a handball referee and recorder for athletics.*

Honours/Awards/Prizes/Scholarships

2018: 10th Colleges of Education Sports Association Games, Tamale. **Silver Medalist.** *Won the medal for women handball team as a coach.*

2015-2016: Leipzig University, Germany. **Full Scholarship.** *Won scholarship to pursue diploma in sports management.*

2014: 8th Colleges of Education Sports Association Games, Akatsi. **Gold Medalist.** *Won the medal for women handball team as a coach.*

2012: 7th Colleges of Education Sports Association Games, Tamale. **Silver Medalist.** *Won the medal for women handball team as a coach.*

2011: Amalgamated Sports Clubs, UEW. **Outstanding Contribution towards the promotion of sports.** *Received after my service as an SRC rep expired.*

2011: Waves International in conjunction with British Council, Accra. **Best Student in Leadership.** *Received award after going through series of activities.*

Referees

Prof. Victor Antwi (PhD)

Pro Vice Chancellor

University of Education, Winneba

Tel: 0559393224

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Prof. Emmanuel Osei Sarpong (PhD)

Dean, Faculty of Health, Allied Sciences and Home Economics Education

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Tel: 0244518031

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Dr. John Elvis Hagan Junior

Senior Lecturer

Department of Health, Physical Education and Recreation

University of Cape Coast, Cape Coast.

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