



Curriculum Vitae

Mr. John N-yelbi

Department of Counselling Psychology
University of Education, Winneba

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Date of Birth: 22nd August, 1980

Ghanaian

PERSONAL PROFILE

Status:

Lecturer

Highest Educational Qualification:

M.Phil in Guidance and Counselling

Research Interest:

Career, Retirement, Mental Health and Well-Being

AREAS OF EXPERTISE OR PROFESSIONAL SKILLS

- ❖ Self-disciplined and self-motivated
- ❖ Have passion for quality and excellence
- ❖ Ability to work in multi-cultural settings
- ❖ Ability to handle counselling situations of clients professionally
- ❖ Ability to teach large class size using different approaches
- ❖ Team player/builder and game changer
- ❖ Ability to handle crisis situations and take appropriate and timely decisions
- ❖ Have strong interpersonal communication and diplomatic skills
- ❖ Ability to work under pressure and to meet deadlines
- ❖ Goal-oriented
- ❖ Appreciable skill in computer usage/ ICT Literate

PROFESSIONAL QUALIFICATION(S)

RANK	SUPPORTING EVIDENCE	PERIOD
Lecturer	Appointment letter, Curriculum Vitae, M.Phil Certificate,	2021 to date

PROFESSIONAL RESPONSIBILITIES

POSITION	OFFICE/LOCATION	PERIOD
❖ Counsellor	Directorate of Counselling Centre, UEW	2021/2022
❖ Counsellor	Directorate of Counselling Centre, UEW	2022/2023
❖ Counsellor	Directorate of Counselling Centre, UEW	2023/2024
❖ Academic Counsellor	Department of Counselling Psychology	2021/2022
❖ Academic Counsellor	Department of Counselling Psychology	2022/2023
❖ Academic Counsellor	Department of Counselling Psychology	2023/2024

EDUCATIONAL BACKGROUND

Qualification/Certificate Obtained	Name of Institution	Attended Date
❖ M.Phil in Guidance and Counselling	University of Education, Winneba	2016 – 2018
❖ B.Ed in Science	University of Education, Winneba	2007 – 2011
❖ 3-Year Post Secondary Teacher Training (Cert ‘A’)	Jasikan College of Education	2001 – 2004
❖ SSCE	Saboba E.P. Senior High School	1997 – 1999
❖ BECE	Chamba D/A Basic School	1990 – 1996

CAREER HISTORY

Position/Title	Name of Institution	Date	Responsibility
Lecturer	University of Education, Winneba	February, 2021 to date	I have taught School Related Problems, Theories of Career and Vocational Development, Developmental Psychology I & II, Biological Bases/Foundations of Behaviour, Research Methods in Counselling Psychology and Introduction to Guidance and Counselling in Education, School Related Problems. Also, I provide counselling services to students as an academic Counsellor in the Department, and a Part-time Counsellor at the University’s Counselling Centre.
Headmaster	St. Mary’s Junior High School, Sogon No. 2	September, 2018 to February, 2021	Carried out administrative duties in the school. Organised both individual and group counselling for students and staff members.

Assistant Headmaster	Holy Spirit Senior High School, Chamba	September, 2014 to November, 2017	Carried out administrative duties in the school. Performed any other duty assigned by the headmaster. Taught Physics and integrated Science in SHS 1-3. Organised both individual and group counselling for students and staff members.
Subject Teacher	Presbyterian Senior High School, Berekum	September, 2012 to September, 2013	Taught Physics and Integrated Science in SHS 1-3 and a form master.
Subject Teacher	Ahafoaman Senior High/Tech. School, Goaso	September, 2011 to August, 2012	Taught Physics and Integrated Science in SHS 1-3 and a form master.
Headteacher	Sabonjida D/A Primary School, Sabonjida	September, 2005 to September, 2006	Carried out administrative duties in the school. Organised frequent moral talks for students and parents to instill discipline.
Subject Teacher	St. Joseph's Junior High School, Gungumpa	September, 2004 to August, 2005	Taught English Language, Religious and Moral Education and Integrated Science in JHS 1-3.

PAPERS PUBLISHED

John N-yelbi (2024). Influence of retirement experiences on psychological well-being of retired teachers in East Gonja Municipality, Ghana. *Journal of Advanced Psychology*, 6(1), 1 - 20,

John N-yelbi, & Mary Magdalene Awuku-Larbi (2024). Psychological well-being as correlate of academic achievement among postgraduate students in Ghanaian public universities. *Journal of Education and Practice*, 8(2), 82 – 94,

N-yelbi, J., & Acquah, S., Dzakadzie, Y., & Eshun, P. (2024). Level of education, marital longevity and religion as determinants of marital stability among couples in Tamale Metropolis, Ghana. *Advances in Research*, 25(3), 137-147.

Anovunga, A. A., **N-yelbi, J., & Sandow V., A.** (2024). Determinants of career choice among final year students of University of Education, Winneba. *International Journal of Science Academic Research*, 5(4), 7338-7343. <http://www.scienceijsar.com>

N-yelbi, J., & Anovunga, A. A. (2024). Influence of occupational stress on psychological well-being of senior high school teachers in Nanumba South District, Ghana. *Asian Journal of Advanced Research and Reports*, 18 (5), 1-11.

N-yelbi, J., & Anovunga, A. A. (2024). Effects of family characteristics and work relationship on retirement among teachers in Agona West Municipality, Ghana. *J Adv Educ Philos*, 8(2), 88-98. <https://saudijournals.com>.10.36348/jaep.2024.v08i02.006

N-yelbi, J., Antwi-Danso, S., & Annang, L. (2021). Psychosocial challenges and their effects on senior high school students in the Nanumba Municipality of Ghana. *Journal of Advances in Education and Philosophy*, 5(12), 372-379.10.36348/jaep. 2021.v05i12.001

Anovunga, A. A., **N-yelbi, J., & Akpadago, J.** (2021). Career decision making among young adults in Ghanaian secondary schools using super's career choice theory as a lens. *International Journal of Psychology and Counselling*, 13(13), 41-51.10.5897/IJPC2021.0651

CONFERENCE PRESENTATION OF PAPERS/RESEARCH

TITLE OF PAPER	PLACE OF PRESENTATION	DATE	ORGANIZER/INSTITUTION
Investigating Retirement Anxiety among Some Selected Basic School Teachers in Ghana	Seminar Room 3, UEW	9 th May, 2024	Faculty of Applied Behavioural Sciences in Education
Psychological Agency: Counsellor Effectiveness in Indigenous Communities in Ghana	Zimbabwe virtual	17 th - 18 th November, 2022	Zimbabwe Psychological Association Annual Conference

Life Stressors: Coping with Depression among Prison Inmates in Ghana through the Lens of Eye Movement Desensitisation and Reprocessing	University of Ghana, Legon, Accra	27 th - 28 th October, 2022	Mental Health Authority First International Conference
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CONFERENCES ATTENDED

TITLE OF CONFERENCE	PLACE	DATE	ORGANIZER/INSTITUTION
Transformative Academic Writing Practices in Education: Navigating Challenges and Embracing Opportunities	Seminar Room 3	9 th May, 2024	Faculty of Applied Behavioural Sciences in Education
Inter-University Conference for Doctoral Studies on Promoting Staff Development through Collaborative Research and Quality Teaching in Education	Jophus Anamuah-Mensah Conference Centre, UEW	17 th -19 th January, 2023	School of Graduate Studies, University of Education, Winneba
6 th International Multidisciplinary for Postgraduate Students	Jophus- Anamuah Mensah Conference Centre, UEW	7 th - 9 th September, 2022	University of Education, Winneba
6 th Biennial Scientific Congress	Methodist University College, Ghana	18 th -19 th August, 2022	Ghana Psychology Council
Inter-University Conference on Research Skills Development and Techniques Application Using Innovations in Learning Technologies for Language and Research	North Assembly Hall, UEW	18 th - 20 th January, 2022	University of Education, Winneba
4 th International Multidisciplinary Conference for Postgraduate Students	Jophus Anamuah-Mensah Conference Centre, UEW	12 th -14 th July, 2021	University of Education, Winneba
International Conference of Behavioural Development and Adaptive Behaviours	Jophus Anamuah-Mensah Conference Centre, UEW	27 th -14 th August, 2018	University of Education, Winneba
2 nd International Multidimensional Conference for Postgraduate Students	Jophus Anamuah-Mensah Conference Centre, UEW	17 th -19 th July, 2017	University of Education, Winneba

PROFESSIONAL DEVELOPMENT

TRAINING SESSIONS, SEMINARS AND WORKSHOPS ATTENDED

Course Title	Course Instructors	Period & Location
3 rd Annual National Forum on Learning Through Play	Right to Play, Ghana	19 th December, 2023
GTEC'S New standards and Norms on Quality Assurance Issues	Quality Assurance Directorate in Collaboration with Human Resource, UEW	9 th May, 2023– Jophus Anamuah-Mensah Conference Centre, University of Education, Winneba
Professional Approach to Dealing with Clients Presenting with Loss, Grief & Trauma	Ghana Psychological Association	9 th February to 10 th February, 2023– Accra
Article Writing and Publishing Workshop	Ghana National Association of Certificated Counsellors	29 th November, 2022– Accra
Demystifying Invisible Disability: Ethical Issue & the Psychologist's Role	Ghana Psychological Association	16 th September, 2022– Accra
Making UEW an Institution of Excellence through Funded Research and Innovation: The Way Forward	Directorate of Research, Innovation and Development, UEW	19 th August, 2022– University of Education, Winneba
3rd Early Career Seminar	University Teachers Association of Ghana in Collaboration with Directorate of Research, Innovation and Development	13 th August, 2021– Jophus Anamuah-Mensah Conference Centre, UEW
Disability is not Inability	Ghana Psychological Association	13 th August, 2021–Accra
Volvo Research and Educational Foundations (VREF) Tools & Skills	Volvo Research and Educational Foundations (VREF) in collaboration with the University of Education, Winneba	30 th June, to 1 st July, 2022 – University of Education, Winneba
Academic Short Course. The State-of-the-Art in Scientific Writing and Publication.	Faculty of Educational Studies, University of Education, Winneba	12 th May, 2022, Student Centre, Seminar Room 3 – North Campus.

**Mentoring Workshop
Programme**

Inter-University Conference
for Doctoral studies on
research skills development
and techniques application
using innovations in learning
technologies for language
teaching/learning and
research

Qualitative Research
Seminar on Decolonizing
Educational Research

A Joint Training Workshop
on ITS, Radio lecture and
teaching of General
Education Courses for
lecturers in Counselling
Psychology and Educational
Foundations Departments

Seminar on the Counsellor's
Empathy Lens in an Online
Environment

Orientation for Newly
Appointed Senior Members
Capacity Building Workshop
for Lecturers on UEW
Virtual Learning System

Orientation for Newly
Appointed
Headmasters/Headmistresses

A Capacity Building
Workshop on Preparing a
Useful Curriculum Vitae and
Excelling at Interviews

University of Education, Winneba

School of Graduate Studies,
University of Education, Winneba

Departments of Counselling
Psychology and Educational
Foundations

Departments of Counselling
Psychology and Educational
Foundations

Ghana National Association of
Certified Counsellors

University of Education, Winneba
Faculty of Educational Studies,

Ghana Education Service

University of Education, Winneba
Faculty of Educational Studies

13th April, 2022– Jophus-Anamuah
Conference

18th to 20th January, 2022 – North
Assembly Hall, University of
Education, Winneba

28th July, 2021– Central Campus
University of Education, Winneba

19th May, 2021– Central Campus,
University of Education, Winneba

6th May, 2021– Accra via Zoom

2nd March, 2021– Jophus-Anamuah
Conference, University of
Education, Winneba

20th – 21st August, 2018
Nanumba North Municipality,
Bimilla

4th to 6th January, 2021– Jophus-
Anamuah Conference
University of Education, Winneba

Research Seminar on Proposal Writing	University of Education, Winneba Institute of Educational Research and Innovative Studies	20 th to 2 nd August, 2018 – Nanumba North Municipal, Bimballa
In-Service Training on Lesson Notes Preparation	Ghana Education Service	February, 2008– Nanumba North Municipal, Bimballa
Orientation Course for Newly Trained Teachers	Ghana Education Service	10 th September, 2004– Nanumba North Municipal, Bimballa

CURRICULUM DEVELOPMENT

Course or Instructional Material	Period
1. Group counselling: Foundations in theory, principles and practice. 2021/2022 academic year (By Nyueimedi Agordzo Edoh-Torgah, Samuel Richard Ziggah and John N-yelbi)	

MEMBERSHIP OF PROFESSIONAL ASSOCIATION(S)

Name of Association	Period	Position	Role
International Society of Studies Into Behavioural Development (ISSBD)	2061–date	Member	Research
University Teachers Association of Ghana (UTAG)	2021–date	Member	Teaching
Ghana Psychology Council (GPC)	2021–date	Registered Counselling Psychologist	Provides Counselling Services
Ghana Psychological Association (GPA)	2021–date	Registered Counselling Psychologist	Provides Counselling Services
Educational Research Network For West and Central Africa (ERNWACA)	2021–date	Member	Young Researcher
Ghana National Association of Certificated Counsellors (GNACC)	2020–date	Member	Provides Counselling Services

INSTITUTIONAL SERVICE AND COMMITTEES SERVED

Institution/ Organizer(s)	Programme/Activity	Role	Period
Department of Counselling Psychology	Assisted in Drafting of Programmes for Accreditation and Re- accreditation	Member	17 th April, 2024– 23rd April, 2024
Faculty of Applied Behavioural Sciences in Education	Tracer Studies Committee	A representative of Department of Counselling	15 th March, 2024
Faculty of Applied Behavioural Sciences in Education	Committee to draft a proposal for the establishment of Counselling Units in University Halls	Member	12 th January, 2024–5 th March, 2024.
Faculty of Applied Behavioural Sciences in Education	Committee to provide psychosocial support to victims of Akosombo Dam Spillage	Presenter	25 th October, 2023–30 th March, 2024
Directorate of Counselling Centre, UEW	A radio programme (Nuggets for Life) on the topic “Managing with uncooperative roommate in an academic discourse community: Coping strategies and developing resilience”	A Psychologist and a secretary	24 th February, 2024
Directorate of Counselling Centre, UEW	A radio programme (Nugget for life) on the topic “Social Groupings on Campus: The Pros and Cons”	Presenter	24 th to 25 th November, 2022
Ghana Psychological Association in Collaboration with University of Education, Winneba	To conduct a survey on fire outbreak in Budumburam that claimed seven lives and provide intervention	Member	15 th August, 2022

Directorate of Counselling Centre, UEW	A radio programme (Nugget for life) on the topic “Social Groupings on Campus: The Pros and Cons”	Presenter	25 th April, 2022
Directorate of Counselling Centre, UEW	A radio programme (Nugget for life) on the topic “Campus Stress: Students Serving as Social Support Systems”	Member	1 st November, 2021– 3 rd January, 2022
Ghana Tertiary Education Commission in Collaboration with University of Education, Winneba	Evaluation of Ghana Teacher Licensure Examinations	Member	3 rd to 10 th February, 2022
Department of Counselling Psychology, UEW	Health Committee To supervise and report on the cleanliness of departmental facilities for accreditation purpose.	Member	19 th January, 2022
Directorate of Counselling Centre, UEW	Orientation Programme for fresh men and ladies who gained admission in the 2021/2022 academic year	Gave a talk on the Prospects of UEW Counselling Psychology Graduate	2021/2022 Academic Year
Department of Counselling Psychology Practicum Sub-Committee	Advised HOD on practicum matters via verbal suggestions and/or memos.	2 nd Vice Chairperson Person	28 th to 30 June, 2021
Department of Counselling Psychology, UEW	Orientation Programme for B.Ed Level 100 students	Presenter	15 th March, 2021
Directorate of Counselling Centre, UEW	A radio programme (Nugget for Life) on the topic “Academic Dishonesty”	Presenter	28 th February, 2021
Directorate of the Counselling Centre, UEW	A radio programme (Nugget for Life) on the topic “Social media usage: The pros and cons”.	Presenter	30 th January, 2021

REFEREES

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20th May, 2024